

DATE _____

Sclerotherapy consists of injecting a sclerosing agent using a very thin needle into a varicose or spider vein in order to eliminate it.

HOWEVER, CERTAIN SIDE EFFECTS FOLLOWING THIS PROCEDURE, SUCH AS THE FOLLOWING, MAY PROVE UNPLEASANT:

1. Bruises at the site of injection, which usually disappear within 1-2 weeks.
2. Local irritation with associated redness.
3. Induration of the treated vein, which appears as a cord that may be sensitive to touch. This reflects the treatment's effectiveness and will progressively fade. In some cases, a fine-needle aspiration or evacuation puncture will alleviate the pain.
4. An allergic reaction to the adhesive bandage, if any.
5. Very rarely, ulceration at the site of injection, which will heal within 3 months.
6. Very rarely, accentuation, extension or apparition of spider veins (telangiectatic matting), which may require one or more additional treatment(s).

RECOMMENDATIONS BEFORE SCLEROTHERAPY TREATMENT

1. Do not apply skin cream. Avoid shaving or waxing the area within 48 hours prior to treatment.

RECOMMENDATIONS AFTER A SCLEROTHERAPY TREATMENT

2. Walk for about 10 to 15 minutes (during the first half hour following your treatment) to avoid muscle spasms and promote circulation.
3. Remove cotton balls and adhesive bandages, if any, 1 to 3 hours after treatment.
4. Take Tylenol in case of pain or swelling.
5. Pursue all daily activities thereafter, avoiding any intensive or impact sports over the first 48 hours. Walking regularly is strongly recommended.
6. Wear support stockings/socks, as needed.
7. Avoid exposure to sunlight or tanning lights for one month following treatment. Otherwise, protect the skin around any scars and bruised areas using a full-protection sunscreen (FPS 30 or higher).
8. Avoid heat sources, such as saunas, spas, electrolysis or hot wax hair removal, for 2 to 3 weeks following treatment.

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